



Sport & Active Leisure Trainee Tutor Talk Transcript

[Ebony] Hi, I'm Ebony Gregg and I'm a trainee teacher at Greenbank College. I have a degree in Sport and Physical Education and Special Educational Needs and I'm currently studying a PGDE and I'm completing my placement at Greenbank College.

Today, I'm going to speak to you about the sport courses at Greenbank and what we have to offer. So, there is three different levels of Sport in Greenbank. There's Foundation taster sessions, there's Skills for Sport and Active Leisure Level one and Skills for Sport and Active Leisure Level two.

There's a variety of topics you will study in Sport. For example, you could do timing sport, disability sports, coaching, planning, anatomy, nutrition and much more. These will be both practical and classroom based.

So, Greenbank is actually linked to the Greenbank Sports Academy where you will go, you will do a variety of activities. You'll get the basketball nets out, you'll get the badminton nets out, you'll do a variety of sports such as Boccia, everything that you could think of, you'll be able to do at Greenbank.

The Foundation Sport taster is twelve weeks in length and it gives you an introduction to sport for Level Entry one to Entry three. This taster is part of a larger qualification that is completed throughout the year and each student will pick three areas of study in the college and Sport can be one of these areas and you will then collect evidence towards an Entry Level qualification. We will also have opportunities to try a range of sports in the Sports Academy, learn about healthy eating and health and safety. This course is one morning a week for three hours.

The Skills for Sport and Active Leisure Level one Certificate for Sport course covers areas of sport and leisure. So, typical units of study include health and safety, working in sport and active leisure, understanding the principles of planning, conducting and evaluating coaching sessions, taking part in exercise and fitness, the effects of exercise on the body and employability units, career planning, and working in a team. So this course is run over two half days a week. The sports hall sessions will take place in one of the half days next



year and the students will work through Google Classroom and work will be produced in an electronic format.

When it is safe to do so, we will engage external coaches to provide inclusive sports short course courses in addition to the qualification. One example of this has been table cricket in the past and the visually impaired football awareness training.

Students will be able to gain work experience and collect practical evidence in sports in the Sports Academy and when the schools sports events return next year to the Sports Academy, typically, students will help to set up for this and support the schools sports events.

Future progressions upon completion of a Level one sport and achievement of a minimum of Level one and English and Maths qualifications could be Level two Sport and Active Leisure.

So, Skills for Sport and Active Leisure two. This course is made of four units and the students will work through each unit from practical sport and be expected to demonstrate understanding of sports awarding bodies, the rules and regulations for teams and individual sport as well as demonstrating skills and tactics for an individual and a teams sport, planning and leading sport activity sessions, sports coaching, sport and leisure operations and an employability unit will make up the remaining qualification units.

As with the Level one course, this will run over two half days during the week and there will be opportunities next year for work experience in the Sports Academy next to the college.

On successful completion of this course, students could look to study on higher Level three in sport or explore apprenticeships opportunities in sport and leisure.

Employment opportunities in sport can include coaching, leisure attendant, youth club team support and a variety of other different jobs available.

I've really enjoyed my training at Greenbank as it's such an inclusive place where everyone seems to be friends, like, so in the corridor, you walk down the corridor, and



everyone says “hi” and everyone is so friendly and it’s, it’s such a calming and relaxing environment to be in.