



Students have been loving their weekly dance enrichment sessions with Movema! Movema is an award-winning charity from Liverpool that celebrates dance from all around the world.

Their mission is to celebrate diversity through dance by creating safe spaces where different communities can come together, share experiences, and learn about each other.

In these sessions, students get to try out new styles, have fun moving, and learn about different cultures. It's also a great way to stay active, feel good, and build confidence while connecting with others.

A huge thank you to the team at Africa Oyé for delivering amazing music workshops to our students.

Africa Oyé is the UK's largest celebration of African music and culture, held every year in Liverpool. It celebrates the incredible variety of cultures, food, music, and artists from across Africa, helping people learn more about how vibrant and inspiring the continent is.

The organisation aims to challenge negative stereotypes and highlight the richness, creativity, and diversity found across Africa.

Our students had a fantastic time taking part in the sessions. They were able to experience live music, join in with rhythms, and learn about different musical styles in a fun and engaging way.

The workshops encouraged participation, creativity, and confidence, and were enjoyed by everyone who took part!





Foundation students had a wonderful time exploring and learning during their trip to the World Museum.

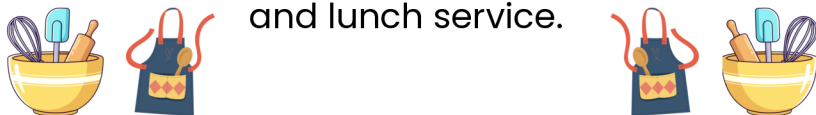


A huge well done to our Foundation learners who have successfully made and served both breakfast and lunch in college today.

They worked incredibly hard to prepare and present delicious food, and we are very proud of their achievements. Throughout the day, learners showed great teamwork and communication skills. They were confident and professional in their approach, and they took real pride in their work and the service they provided.

Learners supported each other throughout the process, followed instructions carefully, and worked well as a team to ensure everything ran smoothly. It was fantastic to see their confidence grow as they took on different roles and responsibilities through out the day.

They should feel very proud of what they have achieved in delivering a successful breakfast and lunch service.





Awareness Days

April 2026

1st-30th : Stress Awareness Month

20th-24th : Allergy Awareness Week

May 2026

6th -12th : Deaf Awareness Week

1st -31st : Mental Health Awareness Month

Keep an eye out for the **Makaton 'Sign of the week'**. You can find this on the TV screens around college and a new sign will appear every Monday.

So Far we have had...

♥ Heart ♥

● Purple ●

☘ Lucky ☘

🎨 To Paint 🎨

🌸 Flower 🌸

Learn a new word every week and be inspired to get signing...

April Buzz Word:
Wellbeing



Greenbank Buzz Word

WELLBEING

Wellbeing means feeling safe, happy and calm, while being healthy in both your body and mind.



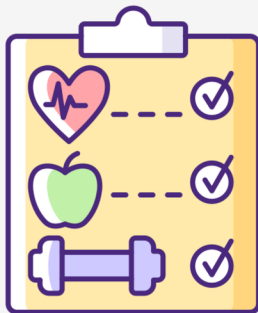
⚠️ Signs you might need support:

- 😞 Feeling sad or worried a lot
- 😡 Getting angry or frustrated easily
- 🚫🏫 Not wanting to come to college
- 😴 Feeling tired all the time
- 😞 Not enjoying things you usually like



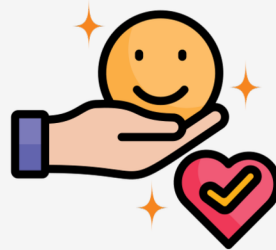
🧠 Your mind matters:

Looking after your thoughts and feelings is just as important as looking after your body. When you take care of your mental wellbeing, it helps you stay balanced, cope with challenges and feel more in control of your day-to-day life.



Ways to look after your wellbeing:

- 🛌 Get enough sleep
- 💧 Drink water
- 🍏 Eat healthy food
- 🚶 Get fresh air or go for a walk
- 🧠 Take breaks when work feels too much
- 🧘 Stay calm (try breathing exercises)
- 💬 Talk to someone you trust



🗣️ Asking for support at Greenbank:

- 💬 Talk to your Personal Tutor.
- 👥 Visit the Pastoral / Safeguarding Team.
- 📍 Ask for help.
- 📞 Speak to a trusted adult or family member.
- 🗨️ Let someone know if you're struggling.

You are not on your own – support is always here. ❤️

🔔 Remember:

It's OK to not feel OK – support is always here.